



Insured by Celtic Insurance Company

SUBMIT TO: Utilization Management Dept. Phone 1-844-518-9505 Fax: 1-844-824-7705

Standard Request - Determination within 14 calendar days of receiving all necessary information
Urgent Request - Determination within 72 hours. URGENT REQUESTS MUST BE SIGNED BY THE REQUESTING PHYSICIAN TO RECEIVE PRIORITY.

INTENSIVE OUTPATIENT/DAY TREATMENT FORM MENTAL HEALTH/CHEMICAL DEPENDENCY

Please print clearly - incomplete or illegible forms will delay processing. Please mail or fax completed form to the above address.

MEMBER INFORMATION

Member Name
Health Plan
DOB
SS #
Member ID #
Last Auth #

CURRENT ICD DIAGNOSIS

Primary (Required)
Secondary
Tertiary
Additional
Additional

WHY DID THE MEMBER ORIGINALLY PRESENT FOR TREATMENT?

Empty box for text input regarding treatment history.

CURRENT PRESENTATION/SYMPTOMS

Describe the CURRENT situation and symptoms. Impact on current functioning (occupational, academic, social, etc.)?
MILD MODERATE SEVERE

MH/SA TREATMENT HISTORY

What has member received in the past?
None OP MH OP SA IP MH IP SA/DETOX
Other List approx. dates of each service, including hospitalizations

PROVIDER INFORMATION

Check agency or provider to indicate how to authorize.
Agency/Group Name
Provider Name
Professional Credentials
Address/City/State
Phone Fax
NPI (required) Tax ID (required)

CURRENT RISK/LETHALITY

Suicidal
None Ideation Plan* Means* Intent*
Past attempt date (s):
Homicidal
None Ideation Plan* Means* Intent*
Past attempt date (s):
*Please indicate current safety plans
Current assaultive/violent behavior, including frequency
Describe any risk for higher level of care, out-of-home placement, change of placement or inability to attend work/school

CURRENT PSYCHOTROPIC MEDICATIONS

Prescriber: Psychiatrist General Practitioner
Other
Medication Name Date Started Compliant (Y/N)
Amount and Frequency:

Has a psychiatric evaluation been completed? Yes _____ (date) No / If no, indicate why this has not been completed.

SUBSTANCE USE DISORDER

None By History Current/Active Use

DRUG	AMOUNT	FREQUENCY	FIRST USE (DATE)	LAST USE (DATE)

Is member attending AA/NA meetings? Yes No If yes, how often? _____

Current step _____ Was a sponsor identified? Yes No

RELAPSE HISTORY

Date of last relapse _____

Drug and amount used _____

Resulting consequences _____

TREATMENT DETAILS

What therapeutic approach (e.g. evidence-based practice, therapeutic model, etc.) is being utilized with this member?

Member's current level of motivation? None Minimal Moderate High

Are the member's family/supports involved in treatment? Yes No If no, why? _____

Date of last family therapy session and progress made? _____

What other services are being provided to this member that are not requested in this OTR? Please include frequency _____

Is care being coordinated with member's other service providers? Yes No N/A

Has information been shared with PCP regarding behavioral health provider contact information, presenting problem, date of initial visit, diagnoses and any meds prescribed? Yes _____ (date) No/ If no, why? _____

TREATMENT GOALS

Describe measurable goals and treatment plan agreed upon by member.

MEASURABLE GOAL	DATE INITIATED	CURRENT PROGRESS (Please note specific progress made.)

TREATMENT CHANGES

How has the treatment plan changed since the last request?

DISCHARGE CRITERIA

Objectively describe how it will be known that the member is ready to discontinue treatment.

REQUESTED AUTHORIZATION

(Please check only one box.)

- REV 905 (Behavioral Health IOP)
- REV 906 (SUD IOP) AR

Date of admission to IOP/Day Treatment _____

Total of IOP/Day Treatment sessions completed to date _____

Requested start date for auth _____

Number of days per week attending _____

Number of hours per day attending _____

Expected discharge date _____

Additional Information?

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).

Standard Request - Determination within 14 calendar days of receiving all necessary information

Urgent Request - I certify this request is urgent to treat an injury, illness or condition that could seriously jeopardize the life or health of the member, or member's ability to regain maximum function, within 72 hours.

Clinician Signature

Date

Clinician Signature

Date

SUBMIT TO:
Utilization Management Department
Phone 1-844-518-9505 Fax: 1-844-824-7705

