

Preemptive policy: This is a P&T approved policy and can be used after the drug is FDA approved until it is superseded by an updated policy



Clinical Policy: Delpacibart Zotadirsen (AOC 1044)

Reference Number: CP.PHAR.799

Effective Date: **FDA Approval Date**

Last Review Date: 11.26

Line of Business: Commercial, HIM/ICHRA, Medicaid

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Delpacibart zotadirsen (AOC 1044) is an antisense oligonucleotide.

FDA Approved Indication(s)

AOC 1044 is indicated for the treatment of Duchenne muscular dystrophy (DMD) in patients who have a confirmed mutation of the DMD gene that is amenable to exon 44 skipping.

Limitation(s) of use: [XXX]

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

All requests reviewed under this policy may **require Precision Drug Action Committee (PDAC) Utilization Management Review**. Refer to CC.PHAR.21 for process details.

It is the policy of health plans affiliated with Centene Corporation® that AOC 1044 may be **medically necessary*** when the following criteria are met:

I. Initial Approval Criteria

A. Duchenne Muscular Dystrophy (must meet all):

1. Diagnosis of DMD with mutation amenable to exon 44 skipping (*see Appendix D*) confirmed by genetic testing;
2. Prescribed by or in consultation with a neurologist;
3. Age $\leq$ 27 years at therapy initiation;*
4. Weight $\geq$ 23 kg;*
5. For ambulatory members (i.e., able to walk without assistive devices, not wheelchair dependent), both of the following are assessed within the last 30 days (a and b):*
 - a. Stable cardiac function with left ventricular ejection fraction (LVEF) $\geq$ 50%;
 - b. Stable pulmonary function with predicted forced vital capacity (FVC) $\geq$ 50%;
6. For non-ambulatory members, both of the following are assessed within the last 30 days (a and b):*
 - a. Stable cardiac function with LVEF $\geq$ 45%;
 - b. Stable pulmonary function with predicted FVC $\geq$ 40%;

7. Inadequate response (as evidenced by a significant decline in 6MWT, LVEF, or FVC) despite adherent use of an oral corticosteroid (e.g., prednisone, deflazacort [Emflaza[®]], Agamree[®])* for ≥ 6 months, unless contraindicated or clinically significant adverse effects are experienced;[^]

**Prior authorization is required for Emflaza and Agamree*

[^]For Illinois HIM requests, the step therapy requirement above does not apply as of 1/1/2026 per IL HB 5395

8. AOC 1044 is prescribed concurrently with an oral corticosteroid, unless contraindicated or clinically significant adverse effects are experienced;
9. AOC 1044 is not prescribed concurrently with other exon-skipping therapies (e.g., Amondys 45[®], Vyondys 53[®], Viltepso[®]);
10. Member has not previously received gene replacement therapy for DMD (e.g., Elevidys[®]);
11. Dose does not exceed 5 mg/kg every 6 weeks.

Approval duration: 6 months

II. Continued Therapy

A. Duchenne Muscular Dystrophy (must meet all):

1. Currently receiving medication for DMD with mutation amenable to exon 44 skipping or member has previously met initial approval criteria;
2. Member is responding positively to therapy as evidenced by one of the following (a, b, or c):
 - a. For ambulatory members, both of the following are assessed within the last 6 months (i and ii):
 - i. Stable cardiac function with LVEF $\geq 50\%$;
 - ii. Stable pulmonary function with predicted FVC $\geq 50\%$;
 - b. For non-ambulatory members, both of the following are assessed within the last 30 days (i and ii):
 - i. Stable cardiac function with LVEF $\geq 45\%$;
 - ii. Stable pulmonary function with predicted FVC $\geq 40\%$;
 - c. Member has received this medication via a healthcare insurer without meeting the requirements above (see criterion 2a or 2b), and medical record shows improved or stable LVEF and FVC, assessed within the last 6 months;
3. Member has been assessed by a neurologist within the last 6 months;
4. AOC 1044 is prescribed concurrently with an oral corticosteroid, unless contraindicated or clinically significant adverse effects are experienced;
5. AOC 1044 is not prescribed concurrently with other exon-skipping therapies (e.g., Amondys 45, Vyondys 53, Viltepso);
6. Member has not previously received gene replacement therapy for DMD (e.g., Elevidys);
7. If request is for a dose increase, new dose does not exceed 5 mg/kg every 6 weeks.

Approval duration: 6 months

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies –

CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace/ICHRA, and CP.PMN.53 for Medicaid, or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

DMD: Duchenne muscular dystrophy

FDA: Food and Drug Administration

FVC: forced vital capacity

ICER: Institute for Clinical and
Economic Review

LVEF: left ventricular ejection fraction

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
prednisone*	0.3-0.75 mg/kg/day or 10 mg/kg/weekend PO	Based on weight
deflazacort (Emflaza®)	0.9 mg/kg/day PO QD	Based on weight
Agamree® (vamorolone)	6 mg/kg/day PO QD (up to a maximum of 300 mg/day) - If member has mild (Child-Pugh A) to moderate (Child-Pugh B) hepatic impairment: 2 mg/kg/day PO QD (up to a maximum of 100 mg/day) - If co-administered with strong CYP3A4 inhibitors (e.g., itraconazole): 4 mg/kg/day PO QD (up to a maximum of 200 mg/day)	See regimen

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

**Off-label*

Appendix C: Contraindications/Boxed Warnings [Pending]

- Contraindication(s): **pending**
- Boxed warning(s): **pending**

Appendix D: General Information

- Common mutations amenable to exon 44 skipping include: 10-43, 11-43, 13-43, 14-43, 14-43, 15-43, 16-43, 17-43, 19-43, 21-43, 21-43, 23-43, 24-43, 25-43, 26-43, 27-43, 28-43, 29-43, 30-43, 31-43, 32-43, 33-43, 34-43, 35-43, 36-43, 37-43, 38-43, 39-43, 40-43, 41-43, 42-43, 43, 45, 45-54, 45-56, 45-62.
- Corticosteroids are routinely used in DMD management with established efficacy in slowing decline of muscle strength and function (including motor, respiratory, and cardiac). They are recommended for all DMD patients per the American Academy of Neurology (AAN) and DMD Care Considerations Working Group; in addition, the AAN guidelines have been endorsed by the American Academy of Pediatrics, the American

Association of Neuromuscular & Electrodiagnostic Medicine, and the Child Neurology Society.

- The DMD Care Considerations Working Group guidelines, which were updated in 2018, continue to recommend corticosteroids as the mainstay of therapy.
- Prednisone is the corticosteroid with the most available evidence. A second corticosteroid commonly used is deflazacort, which was FDA approved for DMD in February 2017. On October 2023, a third corticosteroid, vamorolone, was approved by the FDA for DMD.

V. Dosage and Administration **[Pending]**

Indication	Dosing Regimen	Maximum Dose
DMD	5 mg/kg IV every 6 weeks*	5 mg/kg every 6 weeks*

VI. Product Availability **[Pending]**

Pending

VII. References

1. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and neuromuscular, rehabilitation, endocrine, and gastrointestinal and nutritional management. *Lancet Neurol*. 2018; 17: 251-267.
2. Gloss D, Moxley RT, Ashwal S, Oskoui M. Practice guideline update summary: corticosteroid treatment of Duchenne muscular dystrophy. *Neurology*. 2016; 86: 465-472. Reaffirmed on January 22, 2022.
3. ClinicalTrials.gov. Study of AOC 1044 in healthy adult volunteers and participants with Duchenne Muscular Dystrophy (DMD) mutations amenable to Exon 44 skipping (EXPLORE44). Available at: <https://clinicaltrials.gov/study/NCT05670730>. Accessed August 5, 2026.

Coding Implications **[Pending]**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPSC Codes	Description
Pending	Pending

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created pre-emptively	08.05.26	11.26

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional

organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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