

PSYCHIATRIC COLLABORATIVE CARE MODEL

IMPACT ON FOLLOW-UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS

Why is Collaborative Care Important?

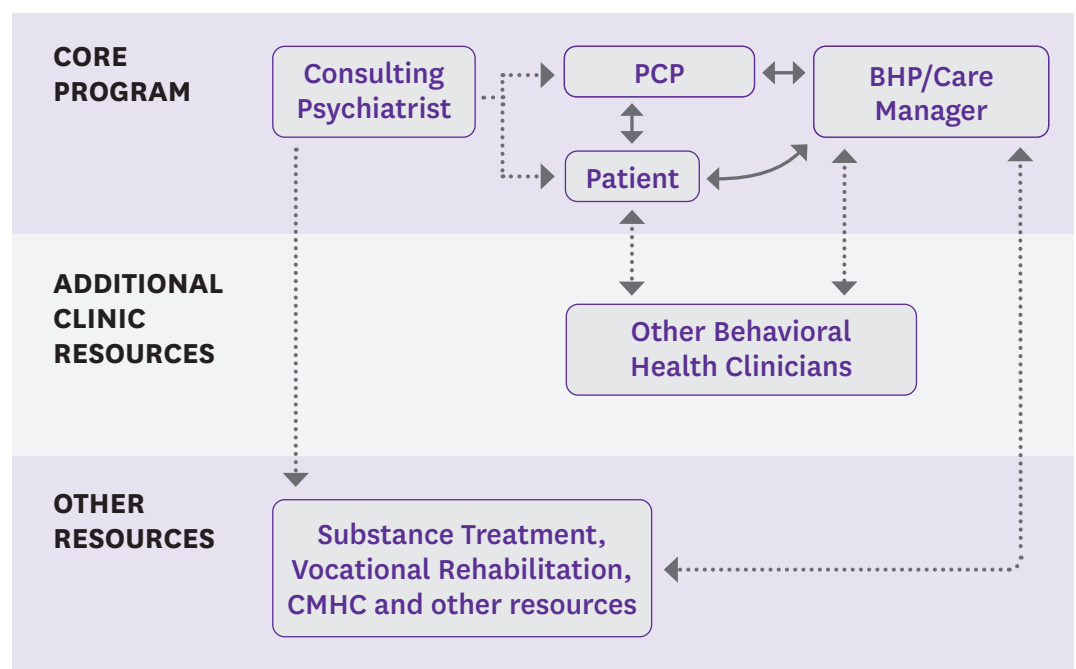
The integration of behavioral health (BH) and general medical services improves patient outcomes, saves money, and reduces stigma related to mental health. The Collaborative Care Model (CoCM) is a proven effective and efficient way to deliver integrated care.¹

In 2022, the National Committee for Quality Assurance (NCQA) added psychiatric case management service codes 99492, 99493, 99494, G0512 to be billed to help close the gap for the Follow-Up After Hospitalization for Mental Illness (FUH) HEDIS Measure.

What is CoCM?

Psychiatric services are provided under the direction of a treating primary care provider (PCP) for work performed by a BH care manager, in consultation with a psychiatric consultant with prescribing authority.

The treating PCP submits the claims for these services. The consulting psychiatrist and the care manager are then paid by the PCP through a contract, employment, or other arrangement.





Core Principles of CoCM:

- **Patient-Centered Care:** Primary and behavioral health providers collaborate effectively using shared care plans.
- **Population-Based Care:** Patient care and progress is tracked in a registry to help identify needed psychiatric case reviews so no one “falls through the cracks.”
- **Treatment to Target:** Progress is tracked with a measurement-based tool (i.e., Patient Health Questionnaire (PHQ-9) to assess and actively change treatments until clinical goals are achieved.
- **Evidence-Based Care:** Providers use evidence-based treatment modalities and tools for proven effective care.
- **Accountable Care:** Providers are accountable and reimbursed for quality of care and clinical outcomes, not just volume of care provided.



Service Codes

CPT & HCPCS Coding for CoCM*

- 99492 – first 70 mins. in the first initial month
- 99493 – first 60 mins. in any subsequent months
- 99494 – each additional 30 mins. in any month
- G0512 – FQHC or RHC locations

*Some service codes may not be included as a covered benefit for certain lines of business or products. Leverage provider resources and the pre-authorization checker tool on the health plan website to help determine covered benefits.



Additional Support

Please view the **Provider** section of our website for additional tools and local resources, or contact a **Provider Relations** or **Quality Improvement Specialist** for assistance.

- American Psychiatric Association (APA)
 - www.psychiatry.org
 - [Collaborative Care Model](#)
- AMA
 - [Compendium of behavioral health integration resources for physician practices](#)
 - [Experts on practical billing strategies for the collaborative care model](#)



References

1. AMA:
<https://www.ama-assn.org/>
2. APA:
<https://www.psychiatry.org/psychiatrists/practice/professional-interests/integrated-care/learn>
3. DHHS:
<https://medicaid.ncdhhs.gov/blog/2022/03/18/coverage-psychiatric-collaborative-care-management-updated>

Ambetter of Alabama is underwritten by Celtic Insurance Company, which is a Qualified Health Plan issuer in the Alabama Health Insurance Marketplace. ©2024 Celtic Insurance Company.

This document is an informational resource designed to assist licensed healthcare practitioners in caring for their patients. Healthcare practitioners should use their professional judgment in using the information provided. HEDIS® measures are not a substitute for the care provided by licensed healthcare practitioners and patients are urged to consult with their healthcare practitioner for appropriate treatment. HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA). *2022 ICD-10 Diagnosis Codes
**CPT copyright 2022 American Medical Association (AMA). All rights reserved. CPT is a registered trademark of the AMA.