



Where to Go for Care

Your PCP is your main doctor and the best place to start care. They know you and your medical history. See your doctor for preventative care, common illness, minor injuries, or mental health concerns. But what if you can't wait for an appointment and need care right now? You have options:



Learn more at:
AmbetterHealth.com/CareOptions
or scan the code.

Primary Care Provider (PCP)

Your PCP is your main doctor. It is where you go for things like checkups, vaccinations, colds, fevers, and ongoing issues like allergies and asthma. Make sure you choose an in-network provider to avoid additional costs. In-network means the doctor or provider is included in your premier network.

24/7 Nurse Advice Line

Medical professionals can answer your health questions and provide guidance 24 hours a day, seven days a week. **Call 1-833-919-3213 (TTY 711)**. This is a cost-free service.

Virtual 24/7 Care*

Get easy access to in-network care **by phone or video with less waiting**. You can get medical advice, a diagnosis, or a prescription or find help if you experience stress, anxiety, depression, or grief.

Emergency Room (ER)

If you are experiencing a serious or life-threatening injury or illness, **do not wait! Call 911 or go straight to the ER**. This also applies if you are having thoughts about hurting yourself or others.

Urgent Care

Go to Urgent Care if you need immediate care but your injury or illness is not life-threatening. This includes broken bones, severe pain, minor cuts and burns, or earaches. **You do not need an appointment**. Before going, make sure the urgent care center is in your network. You can also schedule a virtual urgent care visit through Virtual 24/7 Care.

988 Suicide & Crisis Lifeline

The 988 Lifeline provides confidential help for mental health, drug use, or suicidal concerns when you need it quickly. **Call or text 988, or chat via 988lifeline.org/chat**. Available 24/7/365.

i Tip: Have your Ambetter Health ID Card and photo ID ready. You will need them whenever you receive any type of care.

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*Cost sharing may apply when using Virtual 24/7 Care. Ambetter Health does not provide medical care. Medical care is provided by individual providers which are independent contractors and not agents of Ambetter Health.