



SUBMIT TO  
**Utilization Management Department**  
 1145 Broadway, Suite 700  
 Tacoma, WA 98402  
 PHONE: 1.877.644.4613  
 FAX 1-833-286-1086

## ELECTROCONVULSIVE THERAPY (ECT) Authorization Request Form

\*All Fields Must Be Completed For This Request To Be Reviewed. Please type or print neatly.

Please indicate which level of care the member is currently engaged:    INPATIENT    OUTPATIENT

### DEMOGRAPHICS

Patient Name \_\_\_\_\_  
 Patient Last Name \_\_\_\_\_  
 DOB \_\_\_\_\_  
 SSN \_\_\_\_\_  
 Patient ID \_\_\_\_\_  
 Last Auth # \_\_\_\_\_

### PREVIOUS BH/SUD TREATMENT

None or    OP    MH    SUD and/or    IP    MH    SA

List names and dates, include hospitalizations \_\_\_\_\_  
 \_\_\_\_\_

Substance Use    None    By History and/or    Current/Active

Substance(s) used, amount, frequency and last used \_\_\_\_\_  
 \_\_\_\_\_

### CURRENT ICD DIAGNOSIS

Primary (Required) \_\_\_\_\_  
 Secondary \_\_\_\_\_  
 Tertiary \_\_\_\_\_  
 Additional \_\_\_\_\_  
 Additional \_\_\_\_\_

### CURRENT RISK/LETHALITY

1 NONE    2 LOW    3 MOD\*    4 HIGH\*    5 EXTREME\*

Homicidal \_\_\_\_\_  
 Assault/ Violent \_\_\_\_\_  
 Behavior \_\_\_\_\_  
 Psychotic \_\_\_\_\_  
 Symptoms \_\_\_\_\_

\*3, 4, or 5 please describe what safety precautions are in place  
 \_\_\_\_\_  
 \_\_\_\_\_

### PROVIDER INFORMATION

Provider Name (print) \_\_\_\_\_  
 Hospital where ECT will be performed \_\_\_\_\_  
 Professional Credential:    MD    PhD    Other \_\_\_\_\_  
 Physical Address \_\_\_\_\_  
 Phone \_\_\_\_\_ Fax \_\_\_\_\_  
 TPI/NPI# \_\_\_\_\_ Tax ID \_\_\_\_\_

### REQUESTED AUTHORIZATION FOR ECT

Please indicate type(s) of service provided by YOU and the frequency.

Total sessions requested \_\_\_\_\_  
 Type Bilateral \_\_\_\_\_ Unilateral \_\_\_\_\_  
 Frequency \_\_\_\_\_  
 Date first ECT \_\_\_\_\_ Date last ECT \_\_\_\_\_  
 Est. # of ECTs to complete treatment \_\_\_\_\_  
 Requested start date for authorization \_\_\_\_\_

### LAST ECT INFO

Length \_\_\_\_\_ Length of convulsion \_\_\_\_\_

### PCP COMMUNICATION

Has information been shared with the PCP regarding Behavioral Health Provider  
 Contact Information, Date of Initial Visit, Presenting Problem, Diagnosis, and  
 Medications Prescribed (if applicable)? \_\_\_\_\_  
 PCP communication completed on \_\_\_\_\_  
**Via:**    Phone    Fax    Mail  
       Member Refused by (Signature/Title) \_\_\_\_\_  
 Coordination of care with other behavioral health providers? \_\_\_\_\_  
 Has informed consent been obtained from patient/guardian? \_\_\_\_\_  
 Date of most recent psychiatric evaluation \_\_\_\_\_  
 Date of most recent physical examination and indication of an anesthesiology consult  
 was completed \_\_\_\_\_

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**CURRENT PSYCHOTROPIC MEDICATIONS**

Name	Dosage	Frequency

**PSYCHIATRIC/MEDICAL HISTORY**

Please indicate current acute symptoms member is experiencing \_\_\_\_\_  
\_\_\_\_\_

Please indicate any present or past history of medical problems including allergies, seizure history and if member is pregnant \_\_\_\_\_  
\_\_\_\_\_

**REASON FOR ECT NEED**

Please objectively define the reasons ECT is warranted including failed lower levels of care (including any medication trials): \_\_\_\_\_  
\_\_\_\_\_

Please indicate what education about ECT has been provided to the family and which responsible party will transport patient to ECT appointments \_\_\_\_\_  
\_\_\_\_\_

**ECT OUTCOME**

Please indicate progress member has made to date with ECT treatment \_\_\_\_\_  
\_\_\_\_\_

**ECT DISCONTINUATION**

Please objectively define when ECTs will be discontinued - what changes will have occurred \_\_\_\_\_  
\_\_\_\_\_

Please indicate the plans for treatment and medication once ECT is completed \_\_\_\_\_  
\_\_\_\_\_

Provider Name (please print) \_\_\_\_\_

Provider Signature \_\_\_\_\_ Date \_\_\_\_\_