# Social Needs Screening and Intervention (SNS-E)



Social Needs Screening and Intervention (SNS-E) is a healthcare screening measure designed to identify and address social factors that impact an individual's health and well-being. These include access to food, housing, transportation, and other essential services.

## Why Is SNS-E Important?

Unmet social needs can lead to poor health outcomes, increased hospital visits, and higher healthcare costs. Addressing these needs improves quality of life and overall well-being.

## What Is Included in the Screening?

Healthcare providers will ask you about:

- Food insecurity
- Housing instability
- Transportation access

#### Who Should Be Screened?

- All members ages 17-65 should be screened, especially those with chronic conditions, high healthcare utilization, or social risk factors.
- Screening is conducted annually or as needed based on health status.

## **How Is Screening Done?**

• A simple questionnaire is completed during doctor visits, hospital stays, or care management calls.

## **Interventions and Support Available**

If a need is identified, a patient may receive:

- Referrals to community resources: Food banks, housing assistance programs, transportation services.
- Care management support: Guidance from social workers or case managers.
- Access to financial assistance: Help with bills, medications, and essential services.

### **How You Can Take Action**

- Be open and honest during screenings so you can receive the right support.
- Follow up on referrals and make use of the resources available to you.
- Contact your healthcare provider if your needs change.
- For additional resources, visit AmbetterHealth.com.

Your health matters — let's work together to lead a healthier life!