

Plan All-Cause Readmission (PCR)



What Is the Plan All-Cause Readmission (PCR) Measure?

The PCR measure tracks the number of unplanned hospital readmissions within 30 days of discharge for members aged 18–64. It helps assess the quality of care and the effectiveness of post-discharge support.

Why Is the PCR Measure Important?

- ▶ Helps identify areas for improving patient care and reducing unnecessary hospital visits.
- ▶ Reduces healthcare costs by preventing avoidable readmissions.
- ▶ Encourages better care coordination between healthcare providers.

How Can Members Reduce Readmission Risk?

1	Follow Discharge Instructions Carefully	Take medications as prescribed, adhere to follow-up care, and follow dietary or lifestyle recommendations.
2	Schedule Follow-Up Appointments	Ensure timely follow-ups with primary care providers or specialists to manage ongoing health conditions.
3	Manage Chronic Conditions Effectively	Monitor blood pressure, glucose levels, and other health indicators to avoid complications.
4	Know the Warning Signs	Recognize symptoms that require urgent medical attention and seek help before they escalate into a hospital visit.
5	Use Care Coordination Services	Take advantage of case management, home health services, and community support programs to aid recovery.
6	Keep Emergency Contact Information Accessible	Ensure you and your caregivers have a plan for reaching out to healthcare providers in case of concerns.

Reducing hospital reductions in hospital health enhances outcomes and ensures members receive timely, appropriate care. For questions or support after a hospital stay, contact your healthcare provider.